



DERBY SENIOR CENTER NEWS

Visit us at 293 Main Street, Derby, CT 06418 • Call us at 203.736.1484 • Email us at seniorcenter@derbyct.gov

February 2022



Did you Know? Derby is the smallest city in CT by area at 5.3 square miles.

CENTER INFO

Hours of Operation:

Monday -Friday: 8:30 am - 4:30 pm
Any changes will be posted.

Our Staff

Christine Sonsini | Executive Director

Phone: 203-736-1485

Fax: 203-736-1486


Email: csonsini@derbyct.gov

Dawn Hebert Assistant Director

Phone: 203-736-1484

Fax: 203-736-1486

Email: dhebert@derbyct.gov

 In the case of inclement weather the center will follow the Derby school system for center closings. Any questions please call the center.

QUOTE OF THE MONTH:



POINTS OF INTEREST

- The Elderly Commission meeting will be held on Monday, February 7th at 3:00pm
- The Executive Board will meet on Tuesday, February 8th at 10:00am
- Parish Nurse from Griffin Hospital will be here for blood pressure checks on Tuesday, Feb. 8th, 12:30-2:30pm
- Medicare Counseling is available for those of you who have questions on Medicare. Please call the center at (203) 736-1484 to schedule an appointment
- Membership- Reminder: If your last name begins with A-N your renewal was due in Jan. If sending in your membership please include a self addressed stamped envelope. Going forward if your membership is 6 months overdue you will no longer receive a newsletter until your membership is brought up to date. This will be enforced beginning Jan 2022.

Volunteers:

We are looking for Volunteers to call Bingo on Tuesdays from 1pm-3pm sign up in main office. And assist with other tasks, If interested please contact the office.

Facebook page- The Derby Senior Center's Facebook page is up and running. Please stop by and like our page.

Email- If you have an email address, please kindly call the office so we can add it to our records. This will make communication easier in times like these.

CLOSED The Center will be closed on Monday, February 21st in observance of President's Day.





WELCOME TO THE DERBY SENIOR CENTER

The Centers purpose is to serve as a resource center providing a broad range of services and activities to meet the diverse social, physical, and intellectual needs of older adults.

NEW INFORMATION

- ◆ We have availability of a limited supply of Covid 19 at home test kits and N95 mask for Derby resident members. Please contact the center if you are in need of 1 and we can arrange pick up.
- ◆ You can obtain 4 at home test kits per household for free by going to covidtests.gov and entering your information. If you need any assistance please contact the center
- ◆ TAX PREPARATION provided by AARP will begin on Thursday, Feb. 3rd—April 14th from 9-11 with 12 appointments available each Thursday. Please call the center for an appointment and see insert for further information needed.
- ◆ AARP is looking for tax preparer volunteers to assist in income tax prep. See center for more info.
- ◆ We had a donation of incontinent supplies. If anyone needs some please contact the center.
- ◆ The Knitting & Crocheting Group is asking for yarn donations. Any donations would be greatly appreciated.
- ◆ St Vincent DePaul—237 Roosevelt Dr., Derby is looking for volunteers to fill a variety of openings. Please stop by if you are interested.

THANK YOU TO EVERYONE WHO DONATED TO OUR LOCAL CHARITIES:

* Food Pantry—We donated a full trunk of grocery bags to Spooner food pantry the week of Christmas.

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Tyler Machie-Marsh Insurance Agent
Direct: 203-693-7030 Cell: 203-535-7428
tyler.machie-marsh@bankerslife.com

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAYS
	1) 11:00 Tai Chi 1:00-3:00 Bingo	2) 9:30 Gentle Yoga 11:00 Painting-call ahead 11:45 Strength Training with Bobbi	3)9-11- Tax Preparation starts through April 14th 9:30 Mahjongg 9:30/ 12:30 Pinochle 10:00 Knitting & Crocheting 1:00—Cupcake Class	4) 10:00 Grocery Shopping w/ VTD 11:00 Quilting Class LAST DAY TO RSVP for VALENTINE LUNCH 
7) 10:00 Chair Yoga 11:45- Strength Training Class with Bobbi 3:00—ELDERLY COMMISSION	8) 10:00 - EXECUTIVE BRD. MTG. 11:00 Tai Chi 12:30 Parish Nurse BP Screening 1:00-3:00 Bingo	9) 9:30 Gentle Yoga 11:00 Painting- call ahead 11:45 Strength Training with Bobbi	10) 9:30 Mahjongg 9:30/12:30 Pinochle 10:00 Knitting & Crocheting 12:00— VALENTINE LUNCHEON	11) 10:00 Grocery Shopping w/ VTD 11:00 Quilting Class
14) 10:00 Haircuts 10:00 Chair Yoga 11:45- Strength Training Class with Bobbi <i>Happy Valentine's Day</i>	15) 11:00—Tai Chi 1:00-3:00 Bingo LAST DAY TO RSVP for LUNCH & LEARN	16) 9:30-Gentle Yoga 11:00Painting- call ahead 11:45—Strength Training with Bobbi	17) 9:30 Mahjongg 9:30 /12:30 Pinochle 10:00 Knitting & Crocheting 12:30 FREE LUNCH & LEARN—HOW TO QUALIFY FOR MEDICAID W/O LOSING YOUR HOME—RSVP NEEDED	18) 10:00 Grocery Shopping with VTD 11:00 Quilting Class
21) CENTER CLOSED IN OBSERVANCE OF PRESIDENT'S DAY	22) 11:00—Tai Chi 1:00-3:00 Birthday Bingo sponsored by Juniper Home Care	23) 9:30- Gentle Yoga 11:00 Painting call ahead 11:45- Strength Training with Bobbi	24) RED CROSS BLOOD DRIVE 9-2pm 9:30 Mahjongg 9:30/12:30 Pinochle 10:00 Knitting & Crocheting 1:00—Crafts/Events Group	25) 10:00 Grocery Shopping with VTD 11:00 Quilting Class
28) 10:00 Chair Yoga 11:45- Strength Training Class with Bobbi	1) MARCH 11:00—Tai Chi 1:00-3:00—Bingo	2) 9:30-Gentle Yoga 11:00 Painting call ahead 11:45- Strength Training with Bobbi	3) 9:30 Mahjongg 9:30/12:30 Pinochle 10:00 Knitting & Crocheting 1:00—Crafts/Events Group	4) 10:00 Grocery Shopping w/ VTD 11:00 Quilting Class

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MONTHLY REMINDERS

Haircuts

Haircuts will now be offered on the second Monday of the month (check calendar for dates changes due to holidays)

Price is \$10.00 Please call office for appointment

Veterans Services & Benefits

Please contact Gabor Kautzner at (203)736-1484 to set up appointment on Fridays

Parish Nurse Blood Pressure Screenings—Tuesday,

February 8th, 12:30—2:30pm

Reiki—Thursdays by appointment only. Please contact the center to schedule
Sign In

PLEASE remember to sign into the building when you enter. There are sign in sheets on desks in both entrances. Please fill in all sections.

Special Events Meals

Please note that special events meals need to be paid for by the **Friday** prior to the event. You may mail in a check if you prefer. **NO refunds**

MEALS

VALENTINE'S LUNCHEON

PASTA, MEATBALLS, SALAD,
DINNER ROLL AND DESSERT
THURSDAY, FEBRUARY 10TH
\$10.00

RSVP BY FRIDAY, FEBRUARY 4TH

FREE LUNCH & LEARN HOW TO AVOID LOSING YOUR HOME & STILL QUALIFY FOR MEDICAID

Provided by ATTY DRAZEN

Thursday, FEBRUARY 17th
12:30—1:30pm

RSVP required for lunch by
Tuesday, FEBRUARY 15th

FEBRUARY CENTER UPDATES

Volunteer sign in book—on desk at entrance—please sign in if volunteering.

AARP Safe Driving Course

Online option:

www.aarpdriversafety.org We are scheduled to begin in-person classes in March. Watch newsletter for details

Volunteers We are still in need of bingo callers. We ultimately would like to have 4 so that everyone who would like to play can, people only have to commit to calling 1 time a month and we have coverage for vacations, etc.

HOURS—Monday—Friday 8:30—4:30pm

ANNOUNCEMENTS—Please read From the Director's desk below for new information.

-If you use Valley Transit for grocery shopping on Fridays, please call the center as we are trying to compile a

list of riders. Thank you for your help.

Crafts/Events Group—We are looking for members to join our Crafts/Events group. The group meets on Thursdays and assists with special events, menu planning, new program ideas, event decorating, crafts, etc. If interested or have questions please contact the center or stop into a meeting. All are welcome.

Knitting & Crochet Group—is in need of donations of yarn for their group. Please drop off donations at the center during business hours.



FEBRUARY ANNOUNCEMENTS

From the Director's desk:

Hello Everyone!

I cannot believe that January is behind us already. One step closer to warmer weather. Unfortunately, we are still in a pandemic so therefore we still have some rules to follow. Currently due to the rise in Covid numbers we asking **all members to wear masks at all times while in the building.** This will ensure the safety of all and assist us in remaining open. If you have not already done so, please stop by the center and show us your vaccine card so we can add you to the list.

VERY IMPORTANT INFORMATION: If you park in the parking garage for programs you must have a parking sticker on your car or you will be ticketed. If you currently do not have a parking sticker please stop by the office with your car info and license plate number and we will give you one. Tax season is fast approaching. AARP will be providing tax preparation here on Thursdays starting Feb 3 thru April 14th. This is by appointment only and we have 12 slots every Thursday. Call the center to reserve your space. A few special events on our calendar had to be postponed due to weather and Covid numbers please watch the

newsletter for new dates. There will be another **FREE Lunch & Learn** presented by Atty. Drazen on Thursday, Feb. 17th at 12:30 He will present on **HOW TO AVOID LOSING YOUR HOME & STILL QUALIFY FOR MEDICAID. YOU MUST RSVP FOR THIS PROGRAM BY TUESDAY, Feb 15th.**

We have been given a limited amount of Covid 19 at home test kits and N95 masks for Derby resident members. If you are unable to get one and need one please call the center to arrange a pick up. 1 kit & mask per person.

We are here daily if you have any questions, concerns or just would like to chat for a few minutes. Please stay healthy and safe. And have a wonderful holiday!

Best regards,

Christine Sonsini

PLEASE NOTE: The Center will be **CLOSED** on Monday, February 21st 2022 in observance of President's Day.

In Memory Of. Please keep all those who have passed in your thoughts and prayers

DERBY SENIOR CENTER

293 Main Street
Derby, CT 06418-1938



PRST MKT.
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PERMIT NO. 727

Address: 293 Main Street Derby, CT
06418

Phone: (203) 736-1484

Email: seniorcenter@derbyct.gov

Fax: (203) 736-1486

CURRENT TRIP SCHEDULES—CALL DAWN FOR SIGN UP OR INFO

Transportation for seniors is available 5 days a week from Valley Transit District (VTD) For more information or to schedule a pick up call 735-6408 Free transportation to & from the center on Tuesdays—call VTD 24 hour in advance for pick up

St. Patrick's Festival, Silver Birches Resort, PA	Price \$125	March 17, 2022
Resorts Casino Atlantic City	Price \$399 dbl, \$639 sgl, tpi \$389	March 26, 2022
Resorts Casino Atlantic City	Price \$309 dbl, \$419 sgl	April 24-26, 2022,
Luncheon Show at Chowder Pot featuring Rich Wilson	Price \$94	April 26, 2022
Lunch at Storowtown Tavern & Matinee Show at Majestic Theater (9 to 5 The Musical)	Price \$109	May 5, 2022
Lunch at The Aqua Turf with a performance by Dancing Dream—ABBA Tribute Band	Price \$106, tickets only \$86	May 18, 2022
St. Clement's Castle -"I Write the Songs" The Music of Barry Manilow	Price \$109	June 14, 2022
Twin Lobsters at the Log Cabin	Price \$125	July 20, 2022

**** some trips may depart from Stratford if not enough people for p/u in Derby****

LONG TRIPS

Colorado Rockies (9 days)	Price \$2999pp/dbl \$3699 single	May 20-28, 2022
Alaska Discovery Land & Cruise (12 days)	Price \$5499 pp/dbl \$8399 single	June 28-July 9, 2022
Danube River Cruise (11 days) \$99 R/T air fare	Price \$4498 pp/dbl \$6648 single	Sept. 25- Oct 5, 2022
Irish Splendor (8 days)	Price \$2899pp/dbl \$3249 single	Oct 5-12, 2022

Please see center for flyers or call for further information

ALL TRIPS SUBJECT TO CANCELLATION - If minimums are not met

Address: 293 Main Street Derby, CT **Phone:** (203) 736-1484 **Email:** derbyctseniorcenter@gmail.com **Fax:** (203) 736-1486



How to avoid losing your home and still qualify for Medicaid

**February 17, 2022 12:30 PM
Derby Senior Citizen Center
293 Main Street, Derby CT 06418**

A common question is, "Will I have to sell or risk losing my house to qualify for long term care?" This educational session will offer strategies on keeping your home for your sake as well as your family's.

RSVP:

**Christine Sonsini, CTRS
(203) 736-1484
csonsini@derbyct.gov**

Our Speaker

**FRANKLIN A. DRAZEN, B.S, J.D., LL.M-TAXATION, CELA
Drazen Rubin Law, LLC**



Attorney Franklin A. Drazen has earned the distinction of Certified Elder Law Attorney from the National Elder Law Foundation. A native of New Haven, Attorney Drazen earned a B.S. in Finance and Economics with highest distinction from Babson College and was awarded his Juris Doctorate from New England School of Law. He also earned an Advanced Law degree in Taxation from Boston University School of Law.

Attorney Drazen's practice focuses on elder law, estate planning, estate administration and probate, Title XIX (Medicaid) planning and eligibility, Life Care Planning, business continuation, disability and special needs planning, trust planning and administration, and related tax matters.

Attorney Drazen was nominated by his peers to the Connecticut Super Lawyers, who comprise the top of their profession.

Attorney Drazen is a member of the Orange Chamber of Commerce, has served on the Board of Members for the Orange/Milford branch of the YMCA, the board of the Milford Chamber of Commerce and was elected to the Woodbridge, CT Board of Education.



AARP Tax Preparation

We provide tax preparation assistance for all taxpayers of all ages. AARP membership is not required. Our volunteers are trained and IRS-certified every year.

We can help with:

- Social Security benefits paid to you for the year
- Railroad Retirement benefits
- Interest earned, proceeds from sales
- Pensions, annuities or IRA distributions
- Earned Income Credit
- Mortgage interest and property tax
- Contributions to charity
- Tuition & student loan interest

NOTE:

There are certain types of returns we cannot prepare. If any questions refer questions to office and an AARP representative will contact you.

Making an appointment:

- Appointments can be made by contacting the Derby Senior Center or inquiring in the office.
- AARP will be at Derby senior center on Thursdays from February 3 to April 14.
- Appointments can be made for either 9:00, 10:00 or 11:00 AM.
- After appointment is made you will be required get the questionnaire from the Senior Center office. This needs to be filled out before your appointment.

What you need to bring at your appointment:

- Bring completed questionnaire.
- For a married couple filing jointly, both spouses must be present
- Photo identification for you and your spouse (if filing jointly)
- Social Security cards or ITIN documents for you, your spouse and/or dependents
- Birth dates for you, spouse and/or dependents
- Copy of 2019 and 2020 tax return
- All forms W-2, 1098 and 1099, 10-K
- 1095 forms if you purchased insurance through the Marketplace (Exchange)
- Information for other income
- Information for all deductions/credits (charity contributions, etc.)
- Proof of savings or checking account and routing numbers (for direct deposit of refund)
- Letters/correspondence received from IRS

PLEASE NOTE: PRICE CHANGE FOR MARCH
ATLANTIC CITY TRIP

March 27-29, 2022

Cost Per Person

\$299 double \$379 single \$289 triple

Sold out

ONLY 2 SPOTS LEFT AT THIS PRICE

Escape to Atlantic City where you will stay at the Resorts Casino—a 1920's empire on the Boardwalk. The New Resorts is stylish and sophisticated from the Grand Lobby to the guestrooms to the lounges, dining and pool area. The sleek art deco design will sweep you into an era that embraced indulgence and fun! Atlantic City is a thriving destination featuring world-renowned casinos and hotels, brand-name restaurants, unique attractions, headliner entertainment, relaxing spas, upscale shopping and much more. "Always Turned On", Atlantic City is constantly changing and adding new and varied attractions to make each visit more exciting than the last.

Tour Highlights

Round trip transportation

2-nights at Resorts Casino Hotel

OPTION: for day 2 going to Historic Smithville, Shopping, Lunch: 10:00-2:00 pm

Casino Bonus Package: \$20 slots & 2-Buffer Coupons

(Subject to change per AC Gaming Commission.)

Gratuities for driver, tour directors not included

ATTENTION

PLEASE NOTE:

The Executive Board Meeting has been canceled for the month of February.

REMINDER:

MEMBERSHIP FOR LAST NAMES THAT START WITH "A" THROUGH "M" WAS DUE LAST MONTH IN JANUARY. THE COST IS \$6.00 FOR DERBY RESIDENTS. THE COST FOR OUT-OF-TOWN MEMBERS IS \$8.00. IF YOU HAVE NOT DONE SO, PLEASE RENEW ASAP.

Thank You

